

Looking in the Mirror

The other day when I had just started my day, I looked in the mirror. The thought occurred to me as I looked at my reflection that here was a child of God. I did not focus on the wrinkles, the white hair, the puffy eyes, or the fading freckles. I saw a child of God and that sight empowered me for the day. Have you ever saw yourself for what you really are? You are a child of God, no matter your age, your money, your good looks or your plain looks, your physical health or your limitations, your scars, your anger, your joy, your sorrow, your sins, you are a child of God. What joy and power that brings to our lives no matter our age or circumstances. We need to remind ourselves of that and then we could start our day being kinder and more giving and forgiving, especially to ourselves because that angst with ourselves is reflected in how we treat others. I need a sign on my mirror that reflects not just an image but a truth, that God loves us and forgives us, and we start each day new, with new possibilities, and new hope for the day. Maybe every time we see ourselves in the reflection of others, we should remind ourselves of who we are. We are all a child of God.

1 John 3:1-3 How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when he appears, we shall be like him, for we shall see him as he is. Everyone who has this hope purifies themselves, just as he is pure.

Lord, we know you are with us but sometimes we feel alone. Fill us with your spirit, may we feel you close to us. Be with those who are suffering from illness and grief, those who feel alone and lost, those who are in pain. Be with those who suffer financially, be with those who are hurting in their quest for equal justice; help us to find our way through all that divides us and may we cling to that which unites us. Help us to be a better people. Be with our Pastor, bless his ministry, be with his family, comfort them and protect them. Be with all who enter our services, may they find comfort in the word offered and the music provided. Be with our staff and leaders, guide them and strengthen them. Help us to be the hands and feet of Christ.

Grace Epperson