



Fall 2022 Conference

Saturday, November 5th

8:15 am – 2:45 pm



Presented by:

Stephen Ministry Network of Southeast Michigan



YOU ARE NOT ALONE:

MENTAL HEALTH & STEPHEN MINISTRY

Annual Conference: November 5, 2022



The impact of Covid-19 has left many people struggling with mental health issues. And I'm sure many of you have been touched with this issue, whether personally or a loved one. We've also seen the grief and loss parents, siblings, and other loved ones experience when a family member is suffering from mental illness. Stress and anxiety are other disorders that affect our physical and mental well-being – how do you cope? And why do similar traumas affect people in very different ways. Why do some face the crisis brought on by the trauma with high resilience and bounce back from the trauma with relative ease; yet others do not rebound as quickly or at all. With the recent pandemic, people have faced compounded traumas. At this conference we will learn about awareness, ways to cope, and mental health resources. We will look at research on Covid-19's impact on individuals, some of whom you will be caring for. We will also share insights on what a Stephen Minister can do to support a care receiver struggling with a lack of resilience.

The concluding presentation will focus on caring for loved ones of mentally ill individuals from a Stephen Ministry perspective. We will review the Compass of Care for Care Receivers, talking about the characteristics of being a compassionate caregiver. The presentation will also review Stephen Ministry principles of the trustworthy caregiver, full-of-faith caregiver, skilled caregiver, and listening skills.

Keynote Speakers

Leon Judd



Leon is the founder and President of NAMI Metro for Oakland, Wayne and Macomb counties. NAMI Metro is a 501c3 and an all-volunteer affiliate of the National Alliance on Mental Illness.

Pastor Chad Wright



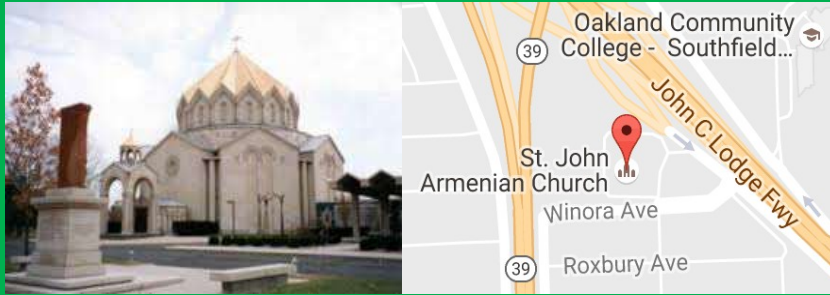
Pastor Chad Wright is the Associate Pastor of Christian Care and Counseling for Trinity Lutheran Church and School in Utica, MI.

Rev. Lurecie M. Stokes



Reverend Lurecie M. Stokes is the Assistant to the Pastor for Pastoral Care and Counseling and Stephen Minister Director of Hartford Memorial Baptist Church in Detroit, MI.

Our Hosts:



St John's Armenian Church
22001 NW Highway,
Southfield, MI 48075
Banquet Ctr./Grand Ballroom

Time	Activity
8:15-8:45	Registration / Continental Breakfast
8:45-9:00	Welcome / Announcements / Prayer
9:00-10:15	Leon Judd Mental Health Resources, Awareness & Ways to Cope
10:15-10:30	Restroom Break
10:30-12:00	Rev. Chad Wright Complicated Grief
12:00-12:45	Hot Buffet Luncheon Visit Bookstore / Resource Center Stephen Ministry Tribute Irma Hoops
12:45-2:00	Rev. Lurecie Stokes Mental Health Awareness & Complicated Grief from a Stephen Ministry Perspective
2:00-2:15	Q & A & Wrap Up
2:15-2:45	Worship, Closing prayer, & Dismissal

Stephen Ministry Resources
 Please stop by our resource Center in the Banquet Room during the day for books and other resources supplied by Stephen Ministry

REGISTRATION INSTRUCTIONS

- Registration: \$45.00 per Person
- Deadline: 11/01/22 (Midnight)
- Late Registration Fee: \$50.00

All checks payable to:
Stephen Ministry Network of SE Michigan.
Registration: Please register through your church Stephen Ministry Leader. The Leader will complete the Group Registration form including all attendees and send one check for all...

Please submit all Registrations to:
Allan Manning
 38788 Glenmar Lane, Harrison Twp. MI 48045
Questions may be submitted via E-mail or by phone to:
Sheila Manning
 P: 586-995-4658 manningsk@comcast.net
Susan Sonye
 P: 248-892-0398 susansonye@comcast.net



Stephen Ministry Network of Southeast Michigan

Our Purpose:
 Stephen Ministry Leaders come together in this Network to offer each other support and encouragement. We seek always to better serve our own congregations' needs And to promote and build the service of our Local Stephen Teams.

Thank You for Joining Us

Stephen Ministry Network of SE MI